**Troop 133 Weekend Trip Packing List**

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| **The 10 Essentials, aka “Extreme Day Pack”**  *Each person must have these items in his bag and on the trail.*    Additional Clothes  Map, Compass, Whistle  Water (nalgene or bladder)  Rain Gear  Pocketknife  Headlamp  Matches/Fire Starter  Sun Protection (hat, sunscreen, lib balm)  Trail Food  First Aid Kit | **Personal Gear**  Backpack  Pack Cover  Sleep System  Bag  Bag Liner  Pad  Pillow  Mug, bowl, spoon  Toiletry Kit  Toothbrush  Toothpaste  Hand Sanitizer  Toilet tissue  Medications  Cash for trip home |
| **Clothing (Synthetic!)**  *Think about what you wear on Friday and make it count.*  Wicking t-shirt  Wicking underwear  Quick dry shorts/convertible pants  Class A shirt  Wool socks  Sock liners  Boots  *Warm Weather Additional Clothes (Layer A)*  One pair wool socks  One pair sock liners  Underwear  Wicking t-shirt  Long-sleeved t-shirt  *Additional Clothes (Layer B) for Cool Weather*  Wicking long underwear pants and shirt  Long-sleeved shirt  Fleece jacket  Knit hat  *Additional Clothes (Layer C) for Cold Weather*  Warmer pants  Gloves /mittens  Compressible Jacket | **Patrol Gear**  *To be divided among Patrol members.*  Tents (tent, fly, footprint, stakes)  Stove  Fuel  Cooking pot/lid  Soap/sponge  Trowel, toilet tissue  Food  Bear Bag/Carabiner/75 feet rope  **Troop Gear**  Water Filter  Iodine Tablets  **Trip-Specific Gear/Optional Extras**  *Planned Activities? Weather? Preference?*  Hand Warmers  Bathing Suit  Water Shoes  Insect Repellant |