**Troop 133 Weekend Trip Packing List**

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| **The 10 Essentials, aka “Extreme Day Pack”***Each person must have these items in his bag and on the trail.* Additional ClothesMap, Compass, WhistleWater (nalgene or bladder)Rain GearPocketknifeHeadlampMatches/Fire StarterSun Protection (hat, sunscreen, lib balm)Trail FoodFirst Aid Kit | **Personal Gear**BackpackPack CoverSleep System Bag Bag Liner Pad PillowMug, bowl, spoonToiletry Kit Toothbrush Toothpaste Hand Sanitizer Toilet tissueMedicationsCash for trip home |
| **Clothing (Synthetic!)** *Think about what you wear on Friday and make it count.*Wicking t-shirtWicking underwearQuick dry shorts/convertible pantsClass A shirtWool socksSock linersBoots*Warm Weather Additional Clothes (Layer A)*One pair wool socksOne pair sock linersUnderwearWicking t-shirtLong-sleeved t-shirt*Additional Clothes (Layer B) for Cool Weather*Wicking long underwear pants and shirtLong-sleeved shirtFleece jacketKnit hat*Additional Clothes (Layer C) for Cold Weather*Warmer pantsGloves /mittensCompressible Jacket | **Patrol Gear***To be divided among Patrol members.*Tents (tent, fly, footprint, stakes)StoveFuelCooking pot/lidSoap/spongeTrowel, toilet tissueFoodBear Bag/Carabiner/75 feet rope**Troop Gear**Water FilterIodine Tablets**Trip-Specific Gear/Optional Extras***Planned Activities? Weather? Preference?*Hand WarmersBathing SuitWater ShoesInsect Repellant |